

# PRAY MAY CHALLENGE

Always be joyful. Never stop praying. Be thankful in all circumstances. - 1 Thessalonians 5:16-18

## FRIDAY

## SATURDAY

### SUNDAY

### MONDAY

### TUESDAY


### WEDNESDAY

### THURSDAY




1 Read Romans 15:13. Turn this verse into a prayer for your family.

2 Pray with your parent(s) or your sibling(s).





3 Thank God for protecting you and your family.

4 Pray the Lord's Prayer in Matthew 6:9-13.




5 Tell God something good that happened to you recently.

6 Pray for the leaders of your church.



7 Pray for the scientists who are trying to understand COVID-19.



8 Pray for people who are sick and need healing.



9 Praise God for who He is.




10 Tell God 10 things you love about your family.

11 Talk to God about something that bothers or worries you.



12 Make a list of questions you have for God. Talk to Him about them.




13 Tell to God about some of the things that make you smile.


14 Go outside and thank God for His amazing creation.



15 Tell God about some of the dreams you have.



16 Pray for someone whose name starts with B.




17 Spend two minutes enjoying God's company in complete silence.

18 Pray from a place where you haven't prayed before. (Kitchen, trampoline, under your bed, tree branch.)


19 Tell to God about some of the things that make you sad.




20 Tell God a joke.




21 Instead of talking, write God a letter.



22 Talk to God about the animals that you love.




23 Pray for someone who has hurt your feelings.



24 Tell God a secret.

25 Tell God what you like about your favorite book or movie?




26 Pray for your family members, each by name.



27 Make a list of the people you miss. Pray for them by name.

28 Pray for the leaders of your country to fear God and do what's right.

29 Ask God for some ways to show His love to others today.



30 Ask God to make you more aware of His presence in your life.



31 Pray for your neighbors.